

HELPING STUDENTS MANAGE THEIR OWN BEHAVIOR AND BUILD RELATIONSHIPS:



GETTING SOCIAL EMOTIONAL CONVERSATIONS GOING WITH POWERFUL PICTURE BOOKS

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SELF-MANAGEMENT

Managing Impulses

Books and Messages Related to Managing Impulses

The Message	Books Aligned to Managing Impulses
It's easy to get distracted.	<i>Puppy Mind</i> by Nelson Jordan Nance
Talking too much can be a problem.	<i>My Mouth is a Volcano</i> by Julia Cook
Seek attention in positive ways	<i>Millie Fierce</i> by Jane Manning
Your naughty behavior is not really "you."	<i>The Snurtch</i> by Sean Ferrell
Managing your impulses well may lead to opportunities.	<i>Testing the Ice: A True Story of Jackie Robinson</i> by Sharon Robinson

Questions to ask children

1. What details in this story show that the character has either good or not-so-good impulse control?
2. What do you think this author wanted you to understand about impulse control?

Questions to ask ourselves

1. What impulsive behaviors are most likely to impact the children in my classroom?
2. What is the impact of impulsive behavior on the impulsive child—and the children around them?

Setting Goals

Books and Messages Related to Setting Goals

The Message	Books Aligned to Setting Goals
Some goals are really big (and long term).	<i>Nelson Mandela</i> by Kadir Nelson
Some goals are immediate—for right NOW.	<i>My Rows and Piles of Coins</i> by Tololwa Mollel
Some goals are not achieved as soon as you'd like.	<i>Minty: A Story of Young Harriet Tubman</i> by Alan Schroeder
Some goals are achieved differently from what you expect.	<i>Degas and the Little Dancer</i> by Laurence Anholt

Questions to ask children

1. In this story, who set a goal? What was the goal?
2. What detail in this story shows the importance of the character's goal?

Questions to ask ourselves

1. What role models (such as sports figures) would resonate with my students—people who set and met goals?
2. How can I help my students become invested in curriculum goals that may not be personal goals?

Self-Discipline

Books and Messages Related to Self-Discipline

The Message	Books Aligned to Self-Discipline
Don't let poverty get in the way of self-discipline.	<i>Sonia Sotomayor: A Judge Grows in the Bronx</i> by Johan Winter
Don't let physical or other limitations get in the way of self-discipline.	<i>Emmanuel's Dream: The True Story of Emmanuel Osofu</i> by Laurie Ann Thompson & Shawn Qualls
Changes the Thanksgiving narrative: There are pilgrims who come to America in modern times.	<i>How Many Days to America: A Thanksgiving Story</i> by Eve Bunting
Achieving important goals takes WORK!	<i>The Undeclared</i> by Kwame Alexander

Questions to ask children

1. In this story, who needed self-discipline? Why?
2. How would you have helped this character understand the importance of self-discipline?

Questions to ask ourselves

1. What words would resonate with my students to explain *self-discipline*? (perseverance, determination, will power, self-control, stamina)
2. What would a conversation about self-discipline look like in my classroom?

RELATIONSHIP SKILLS

Appreciating Diversity

Books and Messages Appreciating Diversity

The Message	Books Aligned to Appreciating Diversity
Where does appreciating diversity begin?	<i>The Other Side</i> by Jacqueline Woodson
Appreciating diversity means respecting older people.	<i>The Summer My Father was Ten</i> by Pat Brisson
Appreciating diversity means respecting cognitive differences.	<i>Uniquely Wired: A Story about Autism and its Gifts</i> by Julia Cook

Questions to ask children

1. Which characters in this story showed the best (or least) appreciation of diversity?
2. What feelings did this character experience because there wasn't enough appreciation of diversity?

Questions to ask ourselves

1. There is renewed focus on racial and ethnic diversity in school. How has this changed teaching and learning for me and my students so far? How might my teaching continue to change?
2. What can we do as a class to demonstrate our respect for (and celebration of) diversity?

Perspective Taking

Books and Messages Related to Perspective Taking

The Message	Books Aligned to Perspective Taking
What you see depends on how you look at something.	<i>Reflections</i> by Ann Jonas
Perspective isn't about right or wrong; it's how you look at something. (And compromise helps!)	<i>Once Upon a Cool Motorcycle Dude</i> by Kevin O'Malley
"Perspective" is more than meets the eye.	<i>The Weird! Series (Weird, Dare, Tough)</i> by Erin Frankel
Recognize when there might be "another side of the story"	<i>Squanto's Journey</i> by Joseph Bruchac

Questions to ask children

1. How would this story be different if it was told by [different character]?
2. What caused this character's perspective (point of view) to change? Was this change a good thing or a bad thing?

Questions to ask ourselves

1. When would it be useful for my students to see something from a different perspective (point of view)?
2. How could I help my students see a situation within or beyond the classroom from a point of view other than their own, or a commonly held belief?

Teamwork

Books and Messages Related to Teamwork

The Message	Books Aligned to Teamwork
We're stronger together.	<i>Stone Soup</i> (folktale; many authors)
Every member of the team is important.	<i>Goal</i> by Mina Javaherbin
Cooperation solves real world problems.	<i>Turtle, Turtle Watch Out</i> by April Pulley Sayre

Questions to ask children

1. How did the characters in this story show that they were (or were not) good team members?
2. How did teamwork help in this story? What would have happened without good teamwork?

Questions to ask ourselves

1. What additional opportunities for teamwork could I provide for my students?
2. How could I help my students better understand what it means to be a member of a team as well as a team leader?